

January 23<sup>rd</sup> 2024



**PIPPA'S**  
Health Centre Limited

The Fitness Professionals

Dear MFDA Community,

We are thrilled to continue an exciting year filled with dance, rhythm, and boundless possibilities!

Reflecting on the past year, we are grateful for the incredible energy and passion each of you brought to our Dance Academy. Your commitment and enthusiasm have made MFDA a vibrant hub of creativity and expression and we can't wait to build upon that in the coming months.

What's in Store for 2024?

Exams: Saturday 10th February, 2024 will be the Examination date for all students in dance classes in Primary and onward.

Open House: We welcome family and friends to join us in the studio the week of February 20th-24th, 2024.

Performance Opportunities: Shine on stage! Our end of year performance is quickly approaching. It's your time to showcase your talent and captivate an audience with your artistry.

As we dive into another exciting season of dance, we would like to emphasize the profound impact that consistent attendance can have on your dance journey. Cultivating discipline, building muscle memory and nurturing community are a few of the reasons why we require consistency at MFDA. Committing to regular attendance instills a sense of responsibility that extends beyond the studio and into various aspects of life.

Registration is now open, visit our website at <http://pippasfitness.com/dance-academy.html> to secure your spot and dive into a world of dance.

Connect with us and stay updated on all things MFDA by following us on social media. Join the conversation, share your dance journey and be part of our Instagram community at [mfda\\_pippasgym](https://www.instagram.com/mfda_pippasgym).

Let's dance through 2024 with passion, joy, and a commitment to artistic growth!

Kind regards,

The MFDA Team



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